

Venue/ Accommodation	The Association for Overseas Technical Cooperation and Sustainable Partnerships [AOTS] Tokyo Kenshu Center
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Stay	Course Details
Check in The day before the start of the program in principle	Total course hours 190 hours
Check out The day after the end of the program in principle	Japanese language training 160 hours
Length of stay (days) 44 days	Japanese classes (J) 47 sessions 141 hours
Length of stay (nights) 43 nights	Japanese group learning (G) 10 sessions 10 hours
Days of training 30 days	Conversation practice (K) 3 sessions 9 hours
Breakfast 37 meals	Lectures (L) 7 sessions 21 hours
Lunch 36 meals	Visits/Extracurricular activities (V) 2 sessions 6 hours
Dinner 37 meals	Learning counseling (M) 3 sessions 3 hours

Week	Date		Morning (9:00-12:00)		Afternoon (13:30-16:30)		Evening (16:30-17:30)	Breakfast	Lunch	Dinner	Accommodation
	4/10	Fri		—		—	—	—	—	—	—
	4/11	Sat		—		—	—	—	—	—	—
	4/12	Sun		—		—	—	—	—	—	—
	4/13	Mon		—		Check in	—	—	—	Provided	Provided
1	4/14	Tue	L	Orientation/Initial test	J	Japanese	—	Provided	Provided	Provided	Provided
	4/15	Wed	J	Japanese	L	Living guidance	M	Learning counseling/Preparation for field work	Provided	Provided	Provided
	4/16	Thu	J	Japanese		Living preparations		—	Provided	Provided	Provided
	4/17	Fri	J	Japanese	J	Japanese		—	Provided	Provided	Provided
	4/18	Sat		—		—		—	Provided	Provided	Provided
	4/19	Sun		—		—		—	—	—	Provided
	4/20	Mon	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
2	4/21	Tue	J	Japanese	L	Characteristics of Japanese companies		—	Provided	Provided	Provided
	4/22	Wed	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
	4/23	Thu	J	Japanese	J	Japanese		—	Provided	Provided	Provided
	4/24	Fri	J	Japanese	V	Field work		—	Provided	Provided	Provided
	4/25	Sat		—		—		—	Provided	Provided	Provided
	4/26	Sun		—		—		—	—	—	Provided
	4/27	Mon	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
3	4/28	Tue	J	Japanese	V	Visit to a disaster prevention facility		—	Provided	Provided	Provided
	4/29	Wed	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
	4/30	Thu	J	Japanese	L	Cross-cultural adaptation	M	Learning counseling/Preparation for project work	Provided	Provided	Provided
	5/1	Fri	J	Japanese	K	Conversation practice		—	Provided	Provided	Provided
	5/2	Sat		—		—		—	Provided	Provided	Provided
	5/3	Sun		—		—		—	—	—	Provided
	5/4	Mon	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
4	5/5	Tue	J	Japanese	J	Japanese		—	Provided	Provided	Provided
	5/6	Wed	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
	5/7	Thu	J	Japanese	L	Outline of social security systems: Social insurance, taxes, and labor		—	Provided	Provided	Provided
	5/8	Fri	J	Japanese	K	Conversation practice		—	Provided	Provided	Provided
	5/9	Sat		Project work (On your own)					Provided	Provided	Provided
	5/10	Sun		—		—		—	—	—	Provided
	5/11	Mon	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
5	5/12	Tue	J	Japanese	J	Japanese		—	Provided	Provided	Provided
	5/13	Wed	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
	5/14	Thu	J	Japanese	L	Business etiquette	M	Learning counseling/Preparation for project work	Provided	Provided	Provided
	5/15	Fri	J	Japanese	K	Conversation practice		—	Provided	Provided	Provided
	5/16	Sat		Project work (On your own)					Provided	Provided	Provided
	5/17	Sun		—		—		—	—	—	Provided
	5/18	Mon	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
6	5/19	Tue	J	Japanese	J	Japanese		—	Provided	Provided	Provided
	5/20	Wed	J	Japanese	J	Japanese	G	Japanese (Group learning)	Provided	Provided	Provided
	5/21	Thu	J	Japanese	L	Immigration Control Act and status of residence		—	Provided	Provided	Provided
	5/22	Fri	J	Japanese (Final exam)	J	Japanese		—	Provided	Provided	Provided
	5/23	Sat		Project work (On your own)					Provided	Provided	Provided
	5/24	Sun		—		—		—	—	—	Provided
	5/25	Mon	J	Preparation for project work presentation	J	Project work presentation		—	Provided	Provided	Provided
	5/26	Tue		Check out		—		—	Provided	—	—

* Details of the program may change based on the number of participants and their circumstances, the availability of instructors, and other factors.

* Lectures and visits may be re-scheduled. Thank you for your understanding.

* The cafeteria is closed on Sundays, so no meals will be served.

Sample Schedule

Venue/ Accommodation	The Association for Overseas Technical Cooperation and Sustainable Partnerships [AOTS] Kansai Kenshu Center
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Stay	Course Details
Check in The day before the start of the program in principle	Total course hours 100 hours
Check out The day after the end of the program in principle	Japanese language training 85 hours
Length of stay (days) 23 days	Japanese classes (J) 23 sessions 69 hours
Length of stay (nights) 22 nights	Japanese group learning (G) 10 sessions 10 hours
Days of training 15 days	Conversation practice (K) 2 sessions 6 hours
Breakfast 19 meals	Lectures (L) 4 sessions 12 hours
Lunch 18 meals	Visits/Extracurricular activities (V) 0 sessions 0 hours
Dinner 19 meals	Learning counseling (M) 3 sessions 3 hours

Week	Date	Morning (9:00-12:00)	Afternoon (13:30-16:30)	Evening (16:30-17:30)	Breakfast	Lunch	Dinner	Accommodation
	5/6 Wed	—	—	—	—	—	—	—
	5/7 Thu	—	Check in	—	—	—	Provided	Provided
1	5/8 Fri L	Orientation/Initial test	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/9 Sat	—	—	—	Provided	Provided	Provided	Provided
	5/10 Sun	—	—	—	—	—	—	Provided
	5/11 Mon J	Japanese	Living preparations	—	Provided	Provided	Provided	Provided
	5/12 Tue J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/13 Wed J	Japanese	L Characteristics of Japanese companies	M Learning counseling/Preparation for field work	Provided	Provided	Provided	Provided
	5/14 Thu J	Japanese	K Conversation practice	G Japanese (Group learning)	Provided	Provided	Provided	Provided
2	5/15 Fri J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/16 Sat	Project work (On your own)				Provided	Provided	Provided
	5/17 Sun	—	—	—	—	—	—	Provided
	5/18 Mon J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/19 Tue J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/20 Wed J	Japanese	L Immigration Control Act and status of residence	M Learning counseling/Preparation for project work	Provided	Provided	Provided	Provided
	5/21 Thu J	Japanese	K Conversation practice	G Japanese (Group learning)	Provided	Provided	Provided	Provided
3	5/22 Fri J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/23 Sat	Project work (On your own)				Provided	Provided	Provided
	5/24 Sun	—	—	—	—	—	—	Provided
	5/25 Mon J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/26 Tue J	Japanese	L Outline of social security systems:	M Learning counseling/Preparation for project work	Provided	Provided	Provided	Provided
	5/27 Wed J	Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	5/28 Thu J	Preparation for project work presentation	J Project work presentation	—	Provided	Provided	Provided	Provided
	5/29 Fri	Check out	—	—	Provided	—	—	—

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