

Sample Schedule

Venue/ Accommodation	The Association for Overseas Technical Cooperation and Sustainable Partnerships [AOTS] Tokyo Kenshu Center, Chubu Office (Former Chubu Kenshu Center), or Kansai Kenshu Center
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Stay		Course Details	
Check in	The day before the start of the program in principle	Total course hours	190 hours
Check out	The day after the end of the program in principle	Japanese language training	160 hours
Length of stay (days)	44 days	Japanese classes (J)	47 sessions
Length of stay (nights)	43 nights	Japanese group learning (G)	10 sessions
Days of training	30 days	Conversation practice (K)	3 sessions
Breakfast	37 meals	Lectures (L)	7 sessions
Lunch	36 meals	Visits/Extracurricular activities (V)	2 sessions
Dinner	37 meals	Learning counseling (M)	3 sessions

Week	Day	Morning (9:00-12:00)	Afternoon (13:30-16:30)	Evening (16:30-17:30)	Breakfast	Lunch	Dinner	Accommodation
	Sat	—	—	—	—	—	—	—
	Sun	—	—	—	—	—	—	—
	Mon	—	—	—	—	—	—	—
	Tue	—	Check in	—	—	—	Provided	Provided
1	Wed	L Orientation/Initial test	J Japanese	—	Provided	Provided	Provided	Provided
	Thu	J Japanese	L Living guidance	M Learning counseling/Preparation for field work	Provided	Provided	Provided	Provided
	Fri	J Japanese	Living preparations	—	Provided	Provided	Provided	Provided
	Sat	—	—	—	Provided	Provided	Provided	Provided
	Sun	—	—	—	—	—	—	Provided
	Mon	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Tue	J Japanese	L Characteristics of Japanese companies	—	Provided	Provided	Provided	Provided
2	Wed	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Thu	J Japanese	J Japanese	—	Provided	Provided	Provided	Provided
	Fri	J Japanese	V Field work	—	Provided	Provided	Provided	Provided
	Sat	—	—	—	Provided	Provided	Provided	Provided
	Sun	—	—	—	—	—	—	Provided
	Mon	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Tue	J Japanese	V Visit to a disaster prevention facility	—	Provided	Provided	Provided	Provided
3	Wed	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Thu	J Japanese	L Cross-cultural adaptation	M Learning counseling/Preparation for project work	Provided	Provided	Provided	Provided
	Fri	J Japanese	K Conversation practice	—	Provided	Provided	Provided	Provided
	Sat	—	—	—	Provided	Provided	Provided	Provided
	Sun	—	—	—	—	—	—	Provided
	Mon	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Tue	J Japanese	J Japanese	—	Provided	Provided	Provided	Provided
4	Wed	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Thu	J Japanese	L Outline of social security systems: Social insurance, taxes, and labor laws	—	Provided	Provided	Provided	Provided
	Fri	J Japanese	K Conversation practice	—	Provided	Provided	Provided	Provided
	Sat	Project work (On your own)				Provided	Provided	Provided
	Sun	—	—	—	—	—	—	Provided
	Mon	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Tue	J Japanese	J Japanese	—	Provided	Provided	Provided	Provided
5	Wed	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Thu	J Japanese	L Business etiquette	M Learning counseling/Preparation for project work	Provided	Provided	Provided	Provided
	Fri	J Japanese	K Conversation practice	—	Provided	Provided	Provided	Provided
	Sat	Project work (On your own)				Provided	Provided	Provided
	Sun	—	—	—	—	—	—	Provided
	Mon	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Tue	J Japanese	J Japanese	—	Provided	Provided	Provided	Provided
6	Wed	J Japanese	J Japanese	G Japanese (Group learning)	Provided	Provided	Provided	Provided
	Thu	J Japanese	L Immigration Control Act and status of residence	—	Provided	Provided	Provided	Provided
	Fri	J Japanese	J Japanese	—	Provided	Provided	Provided	Provided
	Sat	Project work (On your own)				Provided	Provided	Provided
	Sun	—	—	—	—	—	—	Provided
	Mon	J Japanese (Final exam)	J Japanese	—	Provided	Provided	Provided	Provided
	Tue	J Preparation for project work presentation	J Project work presentation	—	Provided	Provided	Provided	Provided
	Wed	Check out	—	—	Provided	—	—	—

* Details of the program may change based on the number of participants and their circumstances, the availability of instructors, and other factors.

* Lectures and visits may be re-scheduled. Thank you for your understanding.

* The cafeteria is closed on Sundays, so no meals will be provided.