

## Check list of your belongings

	Item	Selling in the AOTS Training Centers	Remarks
<b>Valuables</b>			
<input type="checkbox"/>	Passport		
<input type="checkbox"/>	Cash		You are strongly recommended to exchange some money to <b>Japanese Yen</b> at the airport when you arrive in Japan.
<input type="checkbox"/>	T/C		
<input type="checkbox"/>	Air Ticket		<b>An official receipt</b> is necessary to receive your subsidy from AOTS. (*)
<input type="checkbox"/>	Credit Card		You cannot use any credit card at the AOTS training centers.
<input type="checkbox"/>	Overseas Travel Insurance		AOTS provides insurance cover (*) while you are in Japan (from the end of immigration examination to departure, excluding while you are in flight).
*Please refer to <a href="https://www.aots.jp/en/participants/life/">https://www.aots.jp/en/participants/life/</a> .			
<input type="checkbox"/>	<b>Medicine</b>		The Reception Desk of each AOTS training center has some medicines for emergencies only. Therefore, please bring your own medicines if you need.
<b>Amenity goods</b>			
	There is <b>no</b> provision of <b>towels and soap</b> at the AOTS training center. AOTS trainees are advised to bring their own. Otherwise, they may purchase such daily necessities at the Reception Desk of the center.		
<input type="checkbox"/>	Bath Towel	○	
<input type="checkbox"/>	Towel	○	
<input type="checkbox"/>	Soap	○	
<input type="checkbox"/>	Shampoo	○	
<input type="checkbox"/>	Toothbrush / toothpaste	○	
<input type="checkbox"/>	Shaver / razor	○	
<input type="checkbox"/>	Detergent	○	
<b>Clothes</b>			
<input type="checkbox"/>	Business suit / shoes		
<input type="checkbox"/>	Casual clothes		
<b>Daily necessities</b>			
<input type="checkbox"/>	Stationery	○	
<input type="checkbox"/>	Umbrella	○	
<b>Others (if necessary)</b>			
<input type="checkbox"/>	Camera		
<input type="checkbox"/>	Video camera		
<input type="checkbox"/>	Personal computer		