

THE TRAINING PROGRAM ON PROGRAM & PROJECT MANAGEMENT

~ TO LEARN THE SYSTEM AND METHODS OF PROGRAM AND PROJECT MANAGEMENT

BASED ON P2M ~



Goal of this course

- ✓ Acquire the fundamental methods and basic application skills of project management used to manage a single project
- ✓ Familiarize themselves with “agile project management method”, an emerging variation of project management which is suited to software development, development of a highly innovative product or service, and stepwise corporate innovation where no model or prototype exists hence, it is difficult to define what to make from the beginning
- ✓ Learn the concept of program management at an advanced level which is gaining increasingly important roles for business competitiveness, innovation in a variety of sectors, and sustainability in global competition
- ✓ Enable the participants to obtain deeper understanding of roles of project managers and program managers in the contemporary fast moving economy and industry and the society

◆ **Date:** From 21 January to 3 February, 2026

◆ Target:

- Directors, senior managers in companies and/or project leaders or managers who are in a position to plan and/or manage projects in the participant's country.
- Managers or staff of industrial promotion organizations and/or business associations who support local companies in facilitating project management.

***ODA Program Partly Subsidized by Japanese Government.**

◆ **Fee:** A part of this program partly subsidized by Japanese Government. Please see Program Outline for details.

◆ Venue : AOTS Tokyo Kenshu Center (TKC)

30-1, Senju-azuma 1-chome, Adachi-ku, Tokyo 120-8534
The Association for Overseas Technical Cooperation and Sustainable Partnerships (AOTS)

◆ **Application Deadline:** 14 October, 2025

◆ **Application to :** Nearest AOTS Alumni Society

◆ **Inquiry:** AOTS Overseas Cooperation Group I
✉ shouhei-au@aots.jp



Course Director

Mr. Toru Kato

President of Project Management Association of Japan (PMAJ)



Course Advisor

Dr. Hiroshi Tanaka

Ph.D. (France),
Dr.PM Hon. (Ukraine)
Past President of PMAJ

*Those participants who have successfully completed the training program and has been conferred AOTS's official certificate, will also be awarded International P2M Practitioner (iP2M) credential by Project Management Association of Japan.



Course Itinerary

※All lectures, discussions and project company visits will be conducted in English or Japanese with English interpretation.

Date	Morning (09:00 - 12:00)	Afternoon (13:00 - 16:00)
21 January (Wed.)	Orientation/Opening Ceremony	Inaugural Lecture by the Course Directorate: Program & Project Management as Dynamic Management Paradigm & Methodology for Competitiveness, Innovation and Sustainability in 21st Century
22 (Thu.)	Lecture & Exercise: Project Management (1) Project Development and Front-end Planning before final Project Investment Decision	Lecture : Project Management (2) Project Scope Management
23 (Fri.)	Exercises: Project Management (3) Development of Work Breakdown Structure (WBS) for an Industrial Project	Lecture & Exercises: Project Management (4) Project's Schedule Development and Progress Management
24 (Sat.)	Day off	
25 (Sun.)	Day off	
26 (Mon.)	Lecture & Interactive Theme Discussions: Project Management (5) Leadership & Communications in Projects	Lecture & Discussions: Program Management (1) Essence of P2M Program Management as a bridge connecting corporate strategy with front-line projects to achieve value, innovation, and sustainability through structured planning and execution.
27 (Tue.)	Case Study I (Guest Lecture): Program Management (2) P2M Program Management Framework-based Innovative Business Scheme Simulation Workshop at a Large Business Unit	Company Visit I [P2M Case study]
28 (Wed.)	Lecture & Exercises: Project Management (6) Agile Project Management – a variation edition of project management suited to development of highly unique product or software	
29 (Thu.)	Lecture & Exercises: Project Management (7) Project Cost Management & Project Risk Management	Lecture & Exercises: Project Management (8) Project Resources Management and Project Stakeholder Structuring and Organization Management
30 (Fri.)	Case Study-II (Guest Lecture): Program Management (3) Lessons Learned from the “Kibo (Hope) Project” as a Japanese Component of the Global Space Shuttle Project	Company Visit II [P2M Case study]
31 (Sat.)	Day off	
February 1 (Sun.)	Day off	
2 (Mon.)	Workshop: Full-day Program & Project Management Group Workshop	
3 (Tue.)	Lecture :Project Management (9) Look-back Review of the Entire Course Focusing on 50 Essential Points	Class Discussions All Participants' Feedback Comments Class Resolution for a Better Tomorrow of Participant's Companies with P2M Course Completion Ceremony (from 15.30)

About Tokyo Kenshu Center, Training Location and Accommodation



- Home Away from Home -



Reception Desk



Guestroom



Classroom



Canteen at Dinner Time